

SFR 302 Spiritual Formation Retreat
Saint Paul School of Theology
Spiritual Formation for Unprecedented Times
.5 credit

Retreat Leader

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March 1, 2021
8:00 a.m.-4:50 p.m.

We will take a break for lunch at noon.

Retreat Location:
Online

Course Description (handbook description): Spiritual Formation Retreats will nurture spiritual formation through community experience that integrates personal and social holiness. Students and faculty will gather virtually for corporate worship, spiritual practices, and community building centered on a particular theme.

Course Objectives: This course is intended to assist students in building skills for the ongoing practice of vocational discernment in their personal and professional lives.

Readings: Recommended readings are listed below. Additional readings will be posted to Moodle for your learning benefit but are not required prior to our time together.

- 1) Riggle Huie, Bishop Janice. "Reservoirs of Resilience in Uncertain Times: Reflections on Hope, Courage, and Purpose." *Texas Methodist Foundation*, December 2020. https://tmf-fdn.org/assets/images/12.21.20_Reservoirs-of-Resilience.pdf
- 2) Nouwen, Henri J.M. "Following Jesus: Finding our Way Home in an Age of Anxiety." *Convergent Books*, September 2019.